



## A Few Online Breastfeeding Resources for Mothers

La Leche League International	l1i.org
Adoptive breastfeeding resource	fourfriends.com/abrw
American Academy of Pediatrics Breastfeeding Policy Statement	aappolicy.aapublications.org/cgi/ content/full/pediatrics;115/2/496
Breastfeeding after breast and nipple surgery	bfar.org
Breastfeeding—general information	kellymom.com
Common Sense breastfeeding (Diane Wiessinger)	normalfed.com
Depression in new mothers	granitescientific.com
ILCA (International Lactation Consultant Association)	ilca.org
Jack Newman, MD, co-author of <i>The Ultimate Breastfeeding Book of Answers</i>	drjacknewman.com
Low milk supply issues	lowmilksupply.org
Oral issues (tongue-tie, dental caries, etc.)	brianpalmerdds.com
Plus-size nursing bra and clothing resources	vireday.com/plus/PlusMat_Nursing .html
Research-based hospital protocols— Academy of Breastfeeding Medicine	bfmed.org
Sleeping safely—and together (Notre Dame Mother-Baby Behavioral Sleep Lab)	nd.edu/~jmckenn1/lab
Thomas Hale ( <i>Medications and Mothers' Milk</i> )	neonatal.ttuhs.edu/lact
The United States Breastfeeding Committee	usbreastfeeding.org